

Home Safety Checklist

Emergency Procedures

- Y N N/A Do you know how to summon assistance in an emergency?
- Y N N/A Do you have a personal medical alert system?
- Y N N/A Are you prepared with an emergency response kit?

Fire Response

- Y N N/A Do you have a home fire safety/drill plan?
- Y N N/A Are exits available from all locations in the house?
- Y N N/A Do the following areas have smoke detectors?
- Y N N/A · Hallways
 - Y N N/A · Kitchen
 - Y N N/A · Bedrooms
 - Y N N/A · Attic
 - Y N N/A · Basement
- Y N N/A Is there a carbon monoxide detector?
- Y N N/A If anyone has hearing impairments in the home, do the detectors use lights to indicate warning?
- Y N N/A Does anyone smoke in the home?

Fire Extinguisher

- Y N N/A Do you have a fire extinguisher? Is it current?
- Y N N/A Is the pressure gauge, at the top, in good working order?
- Y N N/A Is your fire extinguisher in a clean, indoor location? (away from direct sunlight and free of dust)
- Y N N/A Is your fire extinguisher free of damage, dents, etc.?
- Y N N/A In the event of a fire, do you know how to operate the fire extinguisher?

Fireplace (if applicable)

- Y N N/A Does the fireplace have a smoke screen?
- Y N N/A Is maintenance for the fireplace/wood stove completed regularly?

Electric Outlets and Devices

- Y N N/A Are outlets used properly, avoiding multiple plugs and extension cords?
- Y N N/A Are electric cords free from fraying or cracking?
- Y N N/A Do electric plugs fit snugly into their sockets?
- Y N N/A Do electric cords run along walls and not across rooms?
- Y N N/A Does the electrical system meet the power requirement for special medical equipment, such as ventilators and oxygen concentrators?
- Y N N/A Has the power company been alerted to electrical needs for medical equipment, so that you are a high priority in a power outage?

Floors

- Y N N/A Is non-skid wax used on floors?
- Y N N/A Are scatter rugs secured at the edges?
- Y N N/A Are pathways and hallways clear of excess furniture and clutter?

Stairwells (if applicable)

- Y N N/A Are there non-skid treads on stairs?
- Y N N/A Is there a clear pathway on stairs?
- Y N N/A Is there adequate lighting for the stairwell?
- Y N N/A Are handrails present and securely fastened?

Lighting

- Y N N/A Is lighting adequate throughout the house?
- Y N N/A Are burnt-out light bulbs replaced?
- Y N N/A Are nightlights used along routes/areas traveled after dark?
- Y N N/A Are light switches easily visible and within reach? (glow in the dark tape on the switch is a good option)

Bathroom

- Y N N/A Are the following items installed properly and utilized as needed?
- Y N N/A · Grab bars (near tub, shower, toilet)
 - Y N N/A · Elevated toilet seat
 - Y N N/A · Shower chair
- Y N N/A Is there a non-skid mat in the tub/shower?
- Y N N/A Is there a seat by the sink?
- Y N N/A Is the bathroom easily accessible in the home?

Bedroom

- Y N N/A Are the following items installed properly and utilized as needed?
- Y N N/A · Hospital Bed/ Trapeze
 - Y N N/A · Lift System
 - Y N N/A · Bedside Commode
- Y N N/A Is there a telephone within easy reach?
- Y N N/A Is there a flashlight, with extra batteries, near the bed?

Kitchen

- Y N N/A Is the kitchen free of clutter?
- Y N N/A Is the fridge and cupboards inventoried to ensure expired foods are removed?
- Y N N/A Are cabinets easily and safely accessible?
- Y N N/A Are adaptive devices required? (e.g. extended graspers or eating devices)
- Y N N/A Are all medicines secured and properly stored?

Home Environment

- Y N N/A Are the following items out of reach of confused adults? (medications dangerous tools / equipment cleaning substances poisons (bug/weed killer))
- Y N N/A Is snow and ice removal adequate and efficient?
- Y N N/A Are sidewalks, curbs, and outside stairs maintained?
- Y N N/A Is there a ramp for mobility/wheel-chair accessibility?
- Y N N/A Is the water heater temperature kept below 110 degrees Fahrenheit?
- Y N N/A Are all doors and screens maintained and in proper working condition (to ensure easy opening)?
- Y N N/A Is the furniture and any safety equipment being maintained and in proper working condition?

